I

 \mathbf{II}

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in which:

X is a carbohydrate:

R¹ is selected from the group consisting of a sialic acid and a group having the formula III

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in which:

 R^4 and R^5 taken individually are the same or different and are selected from the group consisting of H, C_1 - C_8 alkyl, hydroxy-(C_1 - C_8 alkyl), aryl-(C_1 - C_8 alkyl), and (C_1 - C_8 alkyl), substituted or unsubstituted, or

